



## **ONSITE HEART FUNCTION, STROKE PREVENTION, OSTEOPOROSIS AND OTHER HEALTH SCREENINGS**

**Please contact American Screening Association to schedule an appointment by email at [amscreening@msn.com](mailto:amscreening@msn.com) or call **800-686-3035****

All employees, contractors and family members can use this opportunity to establish a baseline or as a supplement to their annual physical or check-up by signing up for as many of these tests as they wish performed at one setting, conveniently and all with a special government employee discount.

Being screened gives everyone a base line to work and build on. This should ensure a longer healthier life. We ask that you help us make this a successful venture by registering to be screened and by urging a fellow colleague to do the same. **All results are completely confidential and sent directly to the patient.** The full package takes approximately one hour and fifteen minutes to complete. Screenings are available separately or as a discounted package.

### **SCREENINGS AVAILABLE**

**(1) Echocardiogram/Heart Function \$115.00** (includes #7 ECG monitor)

How? A painless instrument called a transducer is used to evaluate heart function with ultrasound.

Purpose? To measure the performance of heart valves, check chamber size, wall motion and structural changes in and around the heart. Can also detect tumors, clots, or fluid around the heart.

**(2) Stroke/Carotid artery disease \$35.00**

How? A painless instrument called a transducer is used to look at the carotid arteries on both sides of your neck with ultrasound and Doppler.

Purpose? To visualize the buildup of plaque in the carotid arteries that may cause a stroke the 3<sup>rd</sup> leading cause of death in the United States

**(3) Abdominal Aortic Aneurysm \$35.00** (*requires 4 hours of fasting*)

How? A painless instrument called a transducer is run over the abdomen to view the aorta with ultrasound.

Purpose? To visualize and measure the aorta and check for the existence of an aneurysm which if ruptures the mortality rate is 90-95%.

**(4) Peripheral Arterial Disease \$35.00**

How? Blood pressure cuffs are placed on the arms and ankles and an ankle/brachial index is calculated.

Purpose? To check the circulation in the arteries of the legs which if abnormal there is a strong chance that you have clogging in your heart arteries.

**(5) Osteoporosis \$30.00**

How? The heel of the foot is placed in an ultrasound device and sound waves are sent through the bone.

Purpose? To determine the density of the bones in the body for signs of bone loss and risk for osteoporosis that has been detected to some extent in 40% of those screened for the disease.

**(6) Body Composition \$20.00**

*(Not recommended if have a pacemaker or are in early stages of pregnancy)*

How? Four electrodes are attached to the body and a safe battery generated signal is sent through your body.  
Purpose? To obtain the following: body fat percentage and fat weight, lean mass, body water percentage and body water weight, basal metabolic rate, average daily calorie requirement, body mass index and impedance.  
Provides actual results and recommended ranges.

**(7) ECG Monitor** (included with the echocardiogram)

How? Three small patches are attached to the skin and connected to a wire that runs into an ultrasound machine.  
Purpose? To chart the electrical rhythms of the heart.

**SPECIAL PACKAGES**

**GOLD PACKAGE: ALL the above tests \$215.00**

**BRONZE PACKAGE: Tests 2 thru 5 \$115.00**

Check, cash, VISA, MasterCard and Discover accepted

*Screenings are eligible for flexible spending accounts and health savings accounts*

**For appointments**

**Email [amscreening@msn.com](mailto:amscreening@msn.com)**

**or Call 800-686-3035**

**TAKE CARE OF  
YOUR BODY.  
IT'S THE ONLY  
PLACE YOU HAVE  
TO LIVE IN.**